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OFFICIAL PUBLICATION OF U. S. ARMY GENERAL HOSPITAL, NO. 3.

Volume I.

Rahway, N. J., Friday, January 17, 1919.

No. 8.

Statement to Wounded By Surgeon General

Explains Plan Of Receiving Men and Returning Them To Civil Life

The War Department makes public the following statement by the Surgeon General of the Army, which is being put into the hands of every returned disabled soldier:

Upon your arrival at the port you will be sent to a debarkation hospital for a very brief stay. From there you will be sent to the general hospital, base hospital, or convalescent center, the nearest to your own home. Of course, when special treatment is required it may be necessary to have you sent to the hospital where there are facilities for this treatment. If your condition is such that you do not need hospital treatment, you will be sent to a convalescent center in an Army camp nearest your home until entirely recovered and ready for discharge.

In the cure of the sick and wounded soldier, not only the ordinary measure of medicine and surgery will be used, but also physical measures, such as are employed under physiotherapy; active exercises; indoor and outdoor games; massages and curative occupation in the hospital wards, curative workshops, and gardens. This treatment is for the purpose of correcting, as far as possible, the defects and disabilities of the soldiers.

The curative workshops are established to restore the use of injured parts of the body through useful work. The ankle joint, for instance, that has become stiffened through injury, is made to function again by exercise on a foot power machine such as a band saw, jig saw, printing press, etc. The patient while getting the curative exercises, has something to do which keeps his hands and head busy, takes his mind off his disability, and may be of educational value to him in his occupation.

The curative workshop activities are under the charge of the hospital educational service. This provides for each patient according to his needs: (a) Bedside occupation to divert his mind from his sickness or injury, and to give him something worth while to do while still confined to the bed and ward. (b) A curative occupation in the ward, shops, or gardens. (c) Occupations for study and instruction in bed, in the wards, in the class rooms, or in shops in subjects that will help him in civil life after his discharge. (d) Preliminary work in re-education for a new occupation if his injury is such



JAMES BERNARD, WOUNDED AT SOISSONS.

—Drawn by Will B. Johnstone.

Ring Taken From Dead Hun Restored to Owner's Kin Athletes Who Have Died In Service; America's Loss

Private Andrew L. Wilson, of Ward 31, a member of Co. G, 109th Infantry, has just completed his part in an interesting procedure which harks back to the heavy fighting at Argonne Forest late in September. Through his efforts, a 32nd degree Masonic ring has been restored to the mother of the officer who wore it when he departed for France more than a year ago.

Private Wilson, himself a Mason, obtained the ring October 4th from a member of his company. His companion said that on September 27th he had removed it from the hand of a German who died in the fighting at Argonne. The ring contained an inscription showing that it had been presented to an American about 30 years ago.

After being wounded, Private Wilson was returned to this country and sent to this hospital. He communicated with the Masonic officials in New York and after a twenty-day search they located the mother of the officer who owned the ring. The records show that he was killed in action September 26. Private Wilson has received a letter of thanks from the officer's mother, thanking him for restoring the ring to the family.

Surely one of the biggest boons athletics has received in the past decade came in the eagerness of the athlete to come to the aid of his country in the Great War. One can hardly name a champion in any branch of athletics who failed in his call to service. A great many of these boys have been lost.

Beginning in the early part of the war there was announced the death of Anthony Wilding, the Australian tennis marvel who had us all hopping the summer previous to his death. He was killed while serving with Britain's forces. Next came the report of the loss of W. R. L. Anderson, of Oxford, England's most versatile athlete, also a member of Britain's polo team that was defeated at Meadowbrook, L. I., a few years ago. Next the reported loss of A. N. S. Jackson, also of Oxford, winner of the 1500 metre run at the Stockholm Olympics. Applegate, England's star sprinter and entry in the past two Olympiads, is another who made the great sacrifice.

French athletics suffered the loss of Jean Bouin, one of the world's greatest distance runners and hero of the Stockholm Olympiad. Fallot and Besson, of Rheims, both hurdlers of world fame, have run

382 "Medics" Cited; Gave Aid Fearlessly

Medical Department, Al- though Unarmed, Works Amid Bullets Silencing The Skeptics

Washington, D. C., Jan. 14.—Skeptics have been busy during the past war when it came to talking about the fighting done by the Medical Department. It would seem from the accounts given by some people that the "medics" don't do much of anything during time of battle except lie around and fix up homeopathic doses of nux vomica for the wounded boys who come back. As a matter of cold hard facts, the Medical Department does as much hard, bloody and nerve-racking work during a fight as anyone, and not only do they work while others are working, but their work continues on and on when the rest are resting and taking with sighs of satisfaction the oodles of praise and sympathy that every one is heaping on them.

This article is not intended to sing the praises of the Medical Department nor to heap encomiums of praise on their shoulders which may already be a trifle sore from carrying litters. It is merely a statement of facts, statistics, if you will, showing that citations for bravery among the enlisted personnel of the Medical Department during the past war were numerous and deserving, and that some of the things done by the "medics," who are not even given a gun with which to fight back, were as worthy of praise as any acts of bravery performed.

No authoritative list has ever been published of citations of bravery received by the enlisted men of the Medical Department. At various times Medical Department men would be mentioned along with others, but a complete list insofar as the names have been received has only recently

(Continued on Page Eight)

OFFICERS' NEWS.

Captain James C. Elsom, M. C., is the new officer in charge of Physical Therapy. He succeeds Lieut. Leslie C. Sammons, M. C.

Major Emil Altman, M. C., has been appointed President of the Board of Officers, succeeding Major Neil S. MacDonald.

Three Medical Corps officers have reported at this station and have been assigned to the Surgical Service. They are Captain Richard J. Behan, First Lieutenant Richard N. Field and First Lieutenant Herman Sharlit.

(Continued on Page Six)

(Continued on Page Six)

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Rahway, N. J.

Published Every Friday

Lieutenant-Colonel A. P. Upshur
Commanding Officer

Lieutenant John F. Reilly, Chaplain, Advisor
Sergeant W. E. Conway, Editor

Private Edward S. Bessman, Advertising Manager

All copy for Over Here must be in the hands
of the Editor not later than Saturday night of
each week.

Friday, January 17, 1919.

THE LOSS OF A TRUE FRIEND.

Military men felt a distinct shock and a personal loss when the news of Colonel Roosevelt's death was announced. Great and varied as were his talents, it was perhaps as the exponent of healthful, vigorous activity that he was best known. And, after having read of the hardships he underwent during his expeditions into Africa and South America it is easy to understand why he took such a deep interest in the American soldier and why he understood this soldier so well. The Colonel had shown his true loyalty and bravery in all the various stages of the great war; and never was he greater than in receiving the news that his youngest son had died in action.

The flag at half staff in all American posts and camps had an intimate significance for men of the Army. It signified the sincere expression of a sorrow felt for the loss of a true friend.

* * * * *

"THERE'S NO DEFEAT SAVE FROM WITHIN."

To the Editor of "Over Here":

I have been very much interested in each succeeding number of "Over Here." I have admired the brightness, the newsiness, and general appearance of your paper, and I feel sure it has a great field of usefulness for our service here. I feel flattered by your kind invitation to contribute an article to "Over Here." I have neither the time, nor the ability for such an undertaking. However, I am delighted, in my weak way, to send you this letter instead.

I wish to speak primarily of the mental attitude of our soldier patients in this hospital. So much of the progress of our patients is dependent upon a proper mental outlook and attitude that it has been a constant source of delight to me as I come among you men, to see your unbroken cheerfulness and good spirits.

They say that the Yankee Boys went over the top singing and joking. They died

in "No Man's Land" with a smile on their faces. This heroism stirs our blood. I feel, however, that that man is even more of a hero, who in the face of continual pain, physical weakness, the dullness and depression of the hospital, faces the future, though handicapped for life, with unfailing cheerfulness and good humor. He is more of a moral hero than when he faced unflinchingly, the enemy's bullets.

It is our duty to do everything we can to build up this spirit of hopefulness and good cheer. There is no greater source of happiness than useful occupation. Hope lightens every future, however dark. Every man ought to look forward to being a useful citizen, despite his handicap. He should make up his mind that come what will, he will have an occupation that will free him from dependence; and if he has a wife and children—which all men should have—he will fit himself to maintain his home and educate his children as American citizens of the future should be educated.

"For seeming set-backs make the strong man wise;

There's no defeat, save from within,
Unless you're beaten there,
You're bound to win."

You have proved your true metal by your bravery on the battle field. May the flame of battle and the suffering you have undergone purify the dross from each man's character and leave only the pure gold of high and honorable manhood, thus fitting you for the highest usefulness in a lifetime of citizenship in our beloved country, for which your supreme service and bravery have proven you worthy and fitted.

The greatest opportunity for pleasant and hopeful occupation, while in the hospital, is afforded in the activities offered by our school. We can renew our acquaintance with books and studies which, perhaps, we have too long neglected. This study occupies and enlightens the mind; or we can learn some useful trade or occupation. This exercises and energizes body as well as mind, and gives hope to one's future.

The finest thing the U. S. Government has done, is to provide for the retraining of disabled men after their discharge from the army. The school is the open door to this retraining. It enables a man to test out his tastes and capabilities before taking up his course in training; it enables the Federal Board to obtain direct information as to his possibilities in the line of retraining.

Let me bid you "Continue to be of good cheer;" let me, as a physician, deeply interested in you and who has studied you closely, prescribe as the surest specific for constant cheerfulness and hopeful progress mentally and physically, this splendid school maintained for your patronage.

Very sincerely yours,
EMIL ALTMAN, Major M. C.

THE WONDERS ABOUT US.

To those, who upon returning from early morning mess, cast an observing and appreciative eye in the general direction of the print shop, a view of surpassing beauty is afforded. Its appeal to the eye is so remarkable that even the sleepiest of soldiers might be expected to remark that there is an excuse for revielle, provided it arouses him in time to observe the sun in its daily miracle.

Situated, as we are, in the center of a great circle of trees, the first flashes of the rising sun seem to have set the nearby woods afire. Then the planet speeds its rising and within a few minutes a huge red ball is mounting over the horizon. The sun may shine with crimson rays of equal intensity in other parts of the country; but it never seems to have done its work with such lavish generosity.

On certain nights, the moon enters the contest and performs its duties even better than ever before. The reservation upon which the hospital is located is illuminated with a subdued glare. The forest, viewed from the distance of a few yards, assumes the appearance of a Robin Hood abode; the company streets wind their way like brooks in a field.

It is all free, of course, and therefore little in demand. But it might be a good idea for our city soldiers, who have seen too little of the great outdoors, and our country boys, who have seen too much of it, to cast an observing eye above and below during this heaven-sent season and discover if they have any appreciation of the wonders which surround them.

* * * * * OBEYING ORDERS.

My parents told me not to smoke. I don't.
Nor listen to a naughty joke. I don't.

They make it clear I mustn't wink
At pretty girls or even think
About intoxicating drink. I don't.

To flirt or dance is very wrong. I don't.
Wild youth chase women, wine and song. I
don't.

I kiss no girls, even one,
I do not know how it is done.

You wouldn't think I have much fun. I don't.

—Fly Paper, France.

* * * * *
"It isn't the original cost, it's the upkeep," said the soldier, as he bought stamps for love letters to a few of the girls who had knitted for him.

* * * * *
Let us be generous. Even the bugler has someone who loves him—and would miss him.

* * * * *
After months of saluting, it will take the discharged soldier a long time to get out of the habit of scanning shins and shoulders.

* * * * *
Freedom of the Seas, dear army office workers, has nothing to do with the dredging of Military Channels.

WARD ROOMERS.

Breen, of Ward 26, has had the pleasure of reading his death notice sent to his home by the Bureau of War Risk Insurance. He would like to receive the money, he says, if he could omit the formula of passing away.

"You know," said the lady whose motor-car had run down a man, "you must have been walking very carelessly. I am a very careful driver. I have been driving a car for seven years."

"Lady, you've got nothing on me. I've been walking for fifty-four years."

Mr. Neverwed—What would you do if you found you had a rival for your wife's affections?

Mr. Longwed—I suppose I'd have to feed it and bathe it and take it out for an airing and pay for its license tag, same as I did for the last mutt she had.

Telegrapher Neira paid \$5.00 for two tickets to a New York musical comedy, and 50 cents war tax and then the girl said she did not like the show. And all he says about it is, "Tough luck, wot?"

The patient was having a specified amount of the Dakin solution introduced every hour. "Cut down on the Dakin solution," the ward surgeon said after examining the wound.

"How much solution would you like to have used?" asked the nurse.

"Forty C. C.s," promptly replied the surgeon. And immediately they overheard the patient say:

"Lawd! What an awful dose for one man."

The patient was most anxious for a lengthy furlough.

Nurse—Jones, the ward surgeon says you may have 30 days plus, at the end of the week.

Patient—Plus! Does that mean the guard house? What have I done to get "plus" tacked on? Thirty days is good enough for me.

(Partial collapse of all within hearing.)

Nurse—You can ask the Adjutant about the "plus" when you go up to get your furlough slip O. K.'d.

Patient—Indeed and I will not. I'm not looking for any trouble. No guard house for me if I can help it.

K. C.

The crowd at the K. C. house had a fine entertainment Wednesday night, when a minstrel show was presented under the auspices of the K. C.'s of New Brunswick. The program contained many excellent numbers offered by such capable entertainers as Jack Donnelly, John Dougherty, Bill O'Rourke, Bill Church, Michael Smith, Eugene Morris and George Smith. The accompanist was Mrs. William Church. James Hughes was chairman of the committee of arrangements. The end men were unusually funny and the songs were appealing.

The engagement of Private Ed Lynch, Battery E, 76th Field Artillery, and Miss Nellie Courtwright, was announced at a social gathering held at the Harry Jackson home, Iselin, N. J. Both are residents of Brooklyn. Private Lynch is detailed to the ambulance garage while awaiting discharge papers.

BARRACK BUNK.

Slim Brittain, of our fire department, had himself to fall the other day while trying to fasten the hose on the engine. He traveled a long way before he finally hit. His fellow fire fighters, thinking he had fainted, turned a stream of water on him and dampened Slim's ardor, not to mention his pants.

Thatcher says that the question that's worrying him is, Who is going to mend the broken hearts in Rahway now that Druck's engagement to a girl in York, Pa., has been announced.

Sergeant Federman requests men to remove love letters from the pockets of their shirts before sending them (the shirts) to the laundry. The Sergeant says his men lose too much time reading them and copying the good passages.

Brogno and Crabtree, Q. M. C., had an argument regarding the discoverer of America. One says it was Columbus; the other, the Puritans. There being nothing in Army Regulations on this question we must leave the dispute to be settled by our readers.

Echoes of the Ball.

Sergeant Cleary was surrounded by a bevy of orange blossoms, from Orange, N. J.

As an announcer, Sergeant Davidson should receive the Croix de Guerre.

Sergeant Heath did no dancing but was busy making trips in the elevator. Where to, Sergeant?

Sergeant Buskey devoted much time to looking for "shimmy" dancers. Better luck next time.

Our officers proved that in order to be good officers they must be good jazz dancers.

Sergeant Maslon left the post at noon to be at the Robert Treat at 8:30 p. m. He arrived at 9:40. Did he spend the time "drolling" up or did he get lost in the Bronx?

Sergeant Lawrence surely is some stepper. Did you notice him doing the Chattanooga Glide with the Girl from Rahway?

H. A. F.

Culligan (of Ward 15)—Have yuh any mail for Mike Howe.

Buskey—No, nothing for your cow nor any other cow.

Culligan—I didn't say "my cow;" I said "Mike Howe."

Buskey—"Gwan! I'm a postal man; not a dairyman. Next!"

Over at the Que Emm office the favorite song is, "She Loved Him When He Held the Wad, but Left Him When He Carried the Hod."

Miss Helen F. Kenworthy and Miss Nellie E. Bacon, nurses, have been released from the regular Army service.

Athletes Who Have Died**In Service; America's Loss**

(Continued from Page One.)

their last race. Andre, without a doubt, a man second to but few served a long term of imprisonment in a German camp only to escape and experience some stirring adventure. We all know of the sterling Georges Carpenter.

Who does not know of the losses to American athletics?

Just recently came the news of the death of the great Hobey Baker, of Princeton, killed in an airplane accident. Eddie Grant, of baseball fame, fell while leading a detachment of Americans. Old Hank Gowdy, of the Braves, serving with the Fourth Ohio Artillery, is now reported missing. Little Johnny Overton, of Yale, America's premier indoor miler, was lost at the Marne in July. Sturtevant, also of Yale, stroke of three Yale crews, is another.

Preston Witshire, another Yale athlete, also lost; Freddy Norton, of Ohio State University, one of the greatest all-around college athletes the Middle West has yet produced, killed while flying over the German lines. Fritz Pollard, of Brown, colored half back and hurdler, reported missing; "Rabbit" Curry, of Vanderbilt, all Southern quarterback for two years, killed in his first air battle. Hobbs, of Worcester Academy and Dartmouth, a good hurdler, met a similar death. No doubt there are others of whom we have not heard.

Sergeant Harry Stack,
Irish-American A. C.

RED CROSS.

The patients enjoyed a splendid concert last Sunday.

John R. Baumann, the Rahway florist, came to the rescue of the Red Cross when it came time to decorate the building for the concert. He contributed a number of plants which added much to the beauty of the scene.

The convalescent soldiers will have a dancing party of their own next Monday night in the Red Cross House. They are making big plans for the evening and expect to have one of the most enjoyable functions of the season. Girls from nearby towns have been invited. The hours of the dance are from 7 to 10. Capt. P. W. Stevens, of the Red Cross staff, is in charge of the arrangements.

Major Albee, Chief of the Surgical Service, is confined to his home at Colonia because of an attack of influenza. The reports from his home are that Major Albee is well along the road to recovery and that he will soon return to his duties here.

Statement to Wounded**By Surgeon General**

(Continued from Page One.)

that he can not return to his old occupation. (e) Advice in regard to vocational re-education and occupation for discharge. Also in regard to compensation to which he may be entitled from the War Risk Insurance Bureau.

Whether you take advantage of the opportunities offered you by the Educational Service depends upon yourself. You are not required to do so. It will not affect the length of time that you will remain in the hospital. The opportunities are offered to you to assist your recovery in the shortest length of time possible, so that you may spend the time that you are in the hospital undergoing treatment for your own best personal advantage.

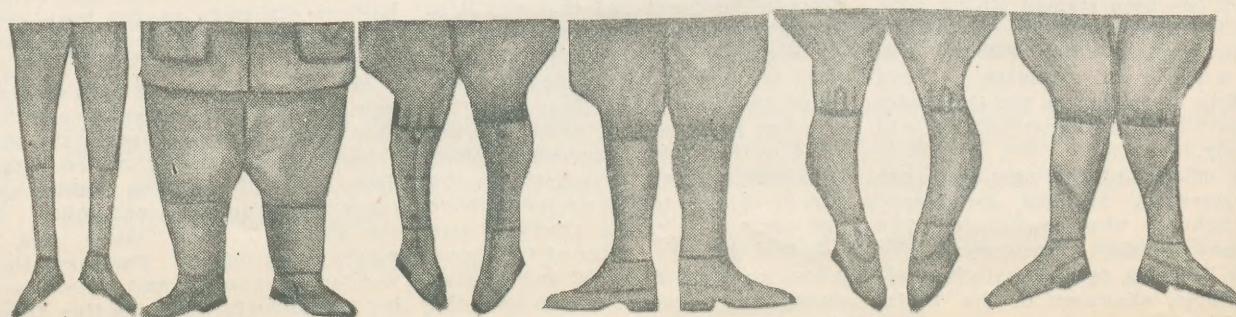
All men who have been disabled so that they can not follow their old occupation, or can not follow it successfully, are provided by the Government with an opportunity for re-education for new occupation after cured and discharged from the Army. This re-education is under the direction of the Federal Board for Vocational Education. It may be in a college, technical trade, commercial or agricultural school near his home or in an industrial plant or on a farm. The Government pays the entire expense, including the cost of instruction and living expenses. If any man has dependents, the Government pays for them the same allowances that it paid while he was a soldier.

NURSE-RY RHYMES.

Nurses' Questionnaire.
Nurses dark and nurses fair,
All filled out this questionnaire,
Of black or white or brownish hue.
This questionnaire applies to you.
First: Designate your appellation.
Also where and what your station.
Married, single or divorced,
All must be confessed, of course.
Don't be bashful, don't be shy,
Age? Be truthful. Don't you lie.
When and where you came to town?
How and where you settled down?
Tell your history past and present,
Your future life is incandescent.
Nurses do not get so nervous.
Have you previous army service?
This is the blessed questionnaire,
Filled out by nurses debonair.

The Scrap of Paper.

The Guard House detail was spearheading loose paper which had gathered around the Post Exchange. "This," said the Guard House philosopher, "would be an ideal place for Bill Hohenzollern."



SIGNS OF THE TIMES.

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